



Peer Connects

2026/27



**Scottish
Recovery**
Network

#PeerConnects



Hello!



Peer Connects is back for 2026/27!

This year's programme includes webinars and in-person events that bring people together to strengthen peer support across Scotland.

We'll explore what helps peer support thrive - including leadership, lived experience, and a supported peer workforce across communities, organisations and system-wide mental health services.

Whether you're in a peer role, supporting peer workers, or shaping mental health service design, policy and strategy, Peer Connects is a space to share learning, reflect on practice, and come together with others who care about growing peer support.



How to book

Events are listed in date order. To reserve your place, click the button at the bottom of each event page. You'll then be taken to Eventbrite to complete your booking.

All events are free but in line with funding commitments our in-person events are only for people living and/or working in Scotland. Our webinars are open to everyone and learning is shared in our [newsletter](#) and on the [Peer Recovery Hub](#)

Accessibility

We support the ALLIANCE [More than Words](#) campaign. If you have any accessibility or communication needs that would help you take part, please let us know in plenty of time to organise.

If you have questions or need this information in a different format, contact [0300 323 9956](tel:03003239956) or info@scottishrecovery.net | [Contact Scotland BSL](#)

We refer to people delivering peer support as peer workers, whether paid or unpaid. Peer workers are people with lived experience of mental health challenges who are trained and employed to use their lived experience intentionally to support others in their recovery.



Peer Worker Practice Exchange

27 August 2026, 10:00 - 14:30

In-person event, Edinburgh

If you're working in a peer role - or supporting others who are - you're invited to join this hands-on practice exchange.

Together, we'll explore what it looks like to hold onto peer values, including how peer roles are advocated for and sustained, how co-reflection and supervision can support good practice, and how facilitation skills can be developed with confidence and care.

Co-designed and facilitated with Maggie Wright, CEO, [Families in Trauma and Recovery](#), this session brings together people working across different contexts to learn from one another and develop their peer support practice.

For peer workers and those supporting peer roles through supervision or leadership.



Book





Being in the space with like-minded people. I felt valued, heard and seen.



– Practice Exchange participant



All amazing and love the networking and table discussions. The keynote presentation was really thought-provoking.



– Event attendee



Peer Leadership in Scotland: Setting the Agenda



01 October 2026, 10:00 - 14:30

In-person event, Glasgow

What does peer leadership look like in practice, and how can it shape the future of mental health support in Scotland?

This event brings together peer leaders from across sectors to share their experiences of growing and embedding peer leadership within mental health services and wider systems. We'll look at co-production as a key approach to designing and delivering services, and how peer leadership, and co-production can work together to create meaningful, lasting change.

We will be joined by Sue Lyons, Manager at [Discovery College](#) (Centred), who will share reflections on what peer leadership means in practice and how this is embedded within the organisation.

For peer workers, service leads, and those involved in shaping mental health policy and services in Scotland.

Book



What Helps Peer Support Thrive? Key Enablers and Barriers

05 November 2026, 10:00 - 11:00

Webinar (Teams)

Peer support can be transformative in mental health services, but only when the right conditions are in place. What helps peer support grow and how can we ensure it takes root across Scotland?

Drawing on learning from Insight Report number 4, from our 'The Future is Peer' series, this webinar will explore the key enablers and barriers shaping peer support today. We'll share what's working, where challenges remain, and what needs to happen next.

This is a chance to build a shared understanding across roles and sectors, and to consider how we can better align around the conditions needed for peer support to thrive.

For service managers, leads, commissioners, policy and strategic roles, and peer workers interested in influencing change.



Book



top is worth it...



[The highlight was] ”
being part of a group of
people who recognise
the difference peer
support can make,
being valued and being
heard.

– **Event attendee**



Loved having time to ”
discuss with others who
are doing peer support -
some great advice about
best practice.

– **Event attendee**



Building Conditions for Change in Mental Health Services

26 November 2026, 10:00-14:30

In-person event, Glasgow

We know change in mental health services is needed, but making it happen can be challenging. This session focuses on how to influence and navigate systems to create meaningful change.

Bringing together insights from across Scotland, we'll explore what helps change take hold, alongside the barriers that can slow or block progress.

With contributions from people working within mental health systems, we'll look at how learning, relationships, and influence can be used to shift culture and move change forward in a more intentional way.

For people working in public health, service leads, and people working to influence change, as well as peer leaders and workers shaping the future.



Book



Integrating Peer Roles: Learning from International Experience

25 February 2027, 10:00 - 11:00
Webinar (Teams)



What can we learn from how peer roles are being developed and embedded in mental health services in Denmark?

Join us to hear from Klavs Serup Rasmussen, Senior Consultant & Project Manager and Marie Vester Koch, Project Consultant at [PeerPartnerSkabet](#) (Peer Partnership) as they share learning from integrating peer roles within mental health services and clinical settings.

This is an opportunity to hear insights into what helps peer roles move from pilot or add-on to part of everyday practice as we explore what this could mean for Scotland's mental health system.

For strategic leads, service designers, policy and system influencers, and peer workers.

Book



Catalysts for Change

Over the next ten years, we have an opportunity to reshape Scotland's mental health system. Together we're building a recovery-focused approach, powered by lived experience and strengthened by peer support.

- Read our [10-year strategic plan](#)



Peer Recovery Hub

Looking to develop and champion peer support for mental health recovery? Check out the Peer Recovery Hub, it's full of free tools, events and learning to inspire and support you!

www.PeerRecoveryHub.Net



Stay in the know

Get updates, resources and learning from across Scotland's mental health peer support community.

- Sign up to [our newsletter](#)



Peer Worker Practice Exchange

27 May 2027, 10:00 - 14:30

In-person event, Glasgow

This interactive session focuses on strengthening peer practice in the context of suicide prevention, using practical tools, shared learning, and reflection.

Drawing on the 'Creating Hope with Peer Support' [practice guides](#), we'll explore approaches that support hopeful conversations and meaningful relationships when people are experiencing distress or thoughts of suicide.

There will be space to try out ideas, reflect on what works in real situations, and learn alongside others in similar roles.

For peer workers, service managers and community organisations supporting peer approaches.



Book





Get in touch

- Email: info@scottishrecovery.net
- Tel: 0300 323 9956
- Web: PeerRecoveryHub.Net



#PeerConnects

It's not 'why peer?'. ”
The question is, why not peer?
- Event contributor

