

Borders Peer Support Together

Are you involved in Mental Health Peer Support in the Borders?
You are invited to this networking event and lunch where we
will be sharing our experiences, connections and ideas

Tuesday 14th
May 2024

Focus Centre,
Livingstone Place,
Galashiels

9.30am -
1.30pm

We'd like to talk about having a collaborative
peer support network - let's work together and
shape our community!

Book through Eventbrite
<https://bit.ly/3vCWPaq>
or scan QR code



To reserve a 'market stall' or any
other enquiries, please email
ross.mackie@nhs.scot



Peer2Peer-Mindfulness

