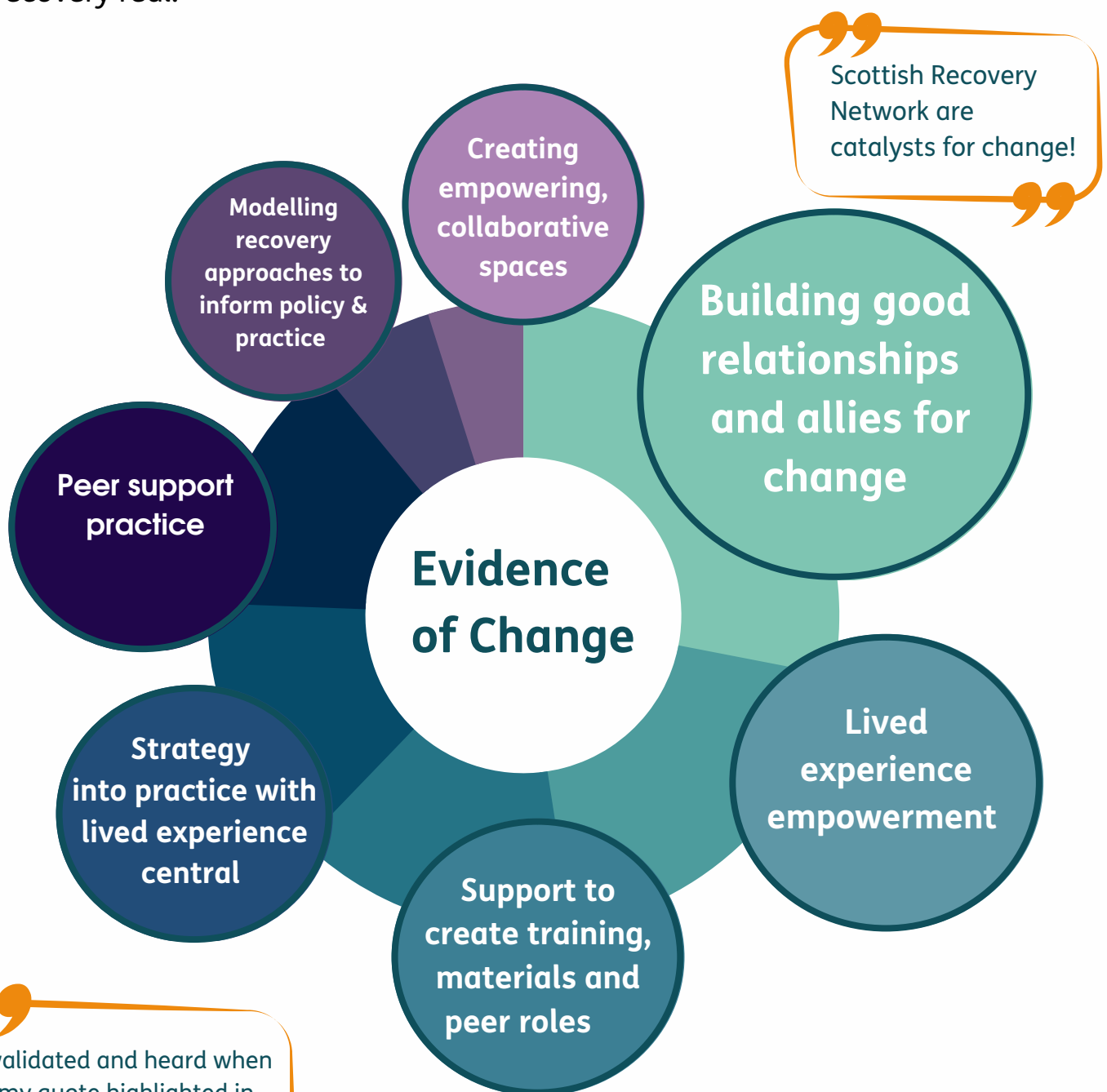


Creating positive change

Your views on our impact

Over the past six months Habitus Collective have been speaking with partners of Scottish Recovery Network and the wider mental health recovery community to understand the organisation's impact. Through focus groups and interviews the evidence gathered shows the significant role of Scottish Recovery Network in how mental health recovery is viewed, practised and implemented throughout Scotland. This short document shares feedback on what the organisation does well that leads to positive change and what people believe we should do in the future to continue to support people to make mental health recovery real.



I felt validated and heard when I saw my quote highlighted in the project report

*Data has been themed and ranked to draw out the most impactful changes and the loudest collective insights. If the bubble is larger the insight was mentioned more.

What does it mean?

It is clear that Scottish Recovery Network is having a significant impact across Scotland. Partners and the mental health recovery community want to see more work to deepen existing relationships and networks for change. They are looking to Scottish Recovery Network to celebrate recovery innovation which will inspire more to get involved. Underpinning this is a need for deeper evaluation of recovery approaches including peer support as this would further strengthen Scottish Recovery Network's future visioning and position as changemakers.



What the recovery community said...

Compassion, collaboration and the vision to place lived experience at the centre is what is needed for change. Change so far has been centred around meaningful relationships, trust, lived experience empowerment and the quality and accessibility of practical support offered by Scottish Recovery Network.

Opportunities for change centre around a louder voice for lived experience and recovery, including through Scottish Recovery Network's role in strengthening and building lived experience communities and creating space for future innovation.

What partners said...

Peer workers now part of mental health strategies across Scotland

The ability to create spaces for meaningful engagement, where lived experience is empowered and relationships nurtured underpins the changes that have emerged.

For change to happen peer leadership needs to be embedded in our mental health system. Key to this is identifying communities of interest who can make this change happen and to work to rebalance power towards lived experience. Deeper evaluation of meaningful change will be required in future to better understand the impact.

We need a voice that can advocate for community recovery

It was acknowledged that there is a need to reach more marginalised communities and for dialogue with those outside existing networks. This provides opportunities for new approaches.

Key questions that remain...?

What does transformative innovation look like for Scottish Recovery Network?

How do we connect people, and experiences to impact strategic and systems-level change?

How do we address fears and barriers and also support willingness for engagement to help blur the boundaries between the lived experience community and decision-makers?

They know the people they are connecting with – actually name the staff we really appreciate it