

People have learned through their own recovery that they can use their lived experience:

- Showing that recovery is possible
- Supporting others on their recovery journey
- In peer support groups
- Educating and training peers, practitioners and students
- To design and re-design services
- Delivering new recovery services



Get involved

- Are you on a recovery journey?
- Are you interested in developing peer opportunities and peer roles?
- Do you want to share what you are doing?
- Are you interested in events, sharing experience and learning?

Contact us

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Sign up for the latest news at
www.scottishrecovery.net

or join us on social media



If you require this information in a different format please contact us.

The future is peer

The future is peer



Together we can make
mental health recovery real

Everywhere people are talking about peer...

Support services

Support groups

Volunteers

Mentors

Experts by experience

Workers

Trainers

Researchers

Story sharing

Recovery cafés

Recovery colleges

What's happening in your area or organisation?

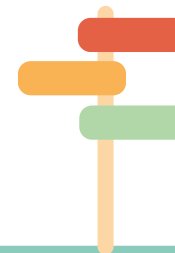
Free resources

At Scottish Recovery Network we have been at the forefront of promoting recovery. We have a range of free resources to support people and organisations to develop peer roles.



Peer Values Framework

to increase understanding of peer support.



Peer2Peer

a free flexible training resource to help you deliver peer training.



Experts by Experience Implementation Guidelines

to help organisations develop peer roles.



PDA Mental Health Peer Support

accredited award which can be delivered by SQA approved Learning Centres.



To access the resources and for more information look on our website www.scottishrecovery.net or contact us at info@scottishrecovery.net